

NE WS

October 11th, 2024

Message from SLT

Just this week we can see a change in the weather as the trees have changed colour and we are feeling the cold in the mornings! It has been a long half term so far with the earlier start in August that anyone could remember. I hope it has been a successful term for all, we have welcomed our new staff who have settled quickly and I'm always grateful for the incredibly hard-working staff team who do a great job. The key to that is the values that they hold to support all our young people, strive for the best and work as a team. A great example of this was the £560 raised at our MacMillan Coffee morning led by the chill 'n' chat team of students and staff. Thanks to all involved and I wish everyone a great holiday. Please note students are back to school on Tuesday 22nd October.

Mr Chapman

Wider achievement: Dates for your diary

24th October Brian Conaghan, Author Visit, for S1 pupils

29th October 24-6 Torness Physics and Chemistry trip

31st October S3 Stem Careers trip to Edinburgh.

2nd November Rugby to Murrayfield to watch Fiji vs Scotland

15th November Model United Nations

26th November N5 History Trip to Paxton House for Slavery Exhibition

Message from assemblies

This week in assembly, we have been talking about mental health. It is crucial to raise awareness and break down the stigmas and stereotypes associated with mental health issues. As a school, we can support each other during difficult times, making these discussions more open and accepted is a significant step forward. We have concentrated on three common stereotypes about people with mental health issues that we can work to eradicate. One of these is the belief that asking for help with your mental health is a weakness. A simple way to counter this stereotype is to consider physical health: if you have a broken leg, you visit a doctor to get it treated. Similarly, if something is troubling your mental health, seeking help from a professional is essential. Remember, it is not a weakness to ask for help; it shows strength and self-awareness.

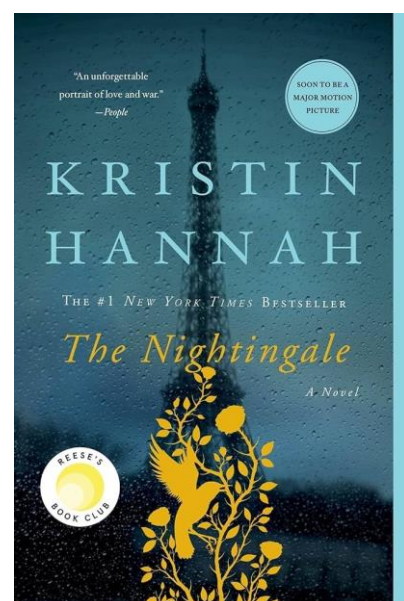
To draw attention to the importance of mental health, we wore yellow or bright clothing on Thursday in honour of World Mental Health Day. We also hosted a bake sale to raise funds for the charity YoungMinds, which provides vital support to young people facing mental health challenges. A heartfelt thank you to everyone who donated time, ingredients, and baked goods for our sale; your generosity makes a difference.

Let's remember to be kind to one another and check in on friends and family. It is essential to remind each other that we are not alone and that help is always available. If you need assistance accessing mental health support, please visit the Whole School Team page and find the instructions in the PowerPoint presentation. Let's work together to foster an environment where mental health is openly discussed and supported.

Looking for your next read?

The Nightingale is an incredible tale which tells the story of the different hardships two sisters endured in the Second World War. It is told from the point of view of Isabelle, the younger rebellious sister, and Vianne the older resilient sister. Both have to fight their own wars and struggle in their own ways, Vianne as being a parent trying to keep her child alive and Isabelle, fighting back against the Nazi's. It is a heart wrenching, and exciting story which will quite likely leave you in tears. It shows that, and I quote, "in love we find out who we want to be; in war we find out who we are."

Recommended by Heidi



Upcoming assessments

Subject	Level	Teacher	Assessment	Date
English	Higher	Mrs Bewsey	RUAЕ	24.10.24
English	S4	Mrs Feeney	Textual Analysis	30.10.24
English	Higher	Mrs Feeney	Textual Analysis	30.10.24
English	S4	Mr MacKenzie	Textual Analysis	30.10.24
English	S4	Mrs Bewsey	Textual Analysis	31.10.24
Maths	Higher	Mr Bender		31.10.24
Maths	Higher	Mrs Dawson		01.11.24

UK Maths Trust

The results are in....WOW!

Nine of our S5 and S6 mathematicians took part in the UK Senior Maths Challenge with super results

S6 students

Isaac Gold Award, Best in School Award and invited to compete in the Senior Kangaroo follow on round

Catriona Bronze Award

Ava Bronze Award

S5 students

Stuart Gold Award, Best in Year Award and invited to compete in the Senior Kangaroo follow-on round.

Chinmaya Silver Award

Sophie Bronze Award

Participation Awards also went to Fenn, Chloe and Mackenzie

Well done everyone!

Maths in the news

The £361.8m cost to Scottish Borders Council of building three new schools represents 'pretty good value for money', a senior councillor believes.

Can you write the number £361.8m in scientific notation?

Berwick Literary Festival

As part of Berwick Literary Festival we have given book recommendations to be displayed in Berwick Library and Berwick Academy Library. Miss A-B, Chloe (S5), Ocean (S3) and Anabelle (S2) and Emma Holdsworth (our DYW School Co-ordinator) met with a pupil from Berwick Academy to trade recommendation cards and see the display in Berwick Library. We had a wonderful time, discussed books and enjoyed bridging the gap between the schools, and look forward to displaying the Academy's recommendations in our library- look out for them soon!



Thanks to Pictorial Photography for the pictures.

Four of our S3 and S4 students represented Eyemouth High School in the Borders Enterprising Maths Festival Competition at Tweedbank. It was a fast and furious day of problem solving, team tasks, relay tasks, speed tasks and lots of fun. Thanks to Elesha and Harvey in S3 and Tobias and Heidi in S4 for taking on this challenge and to Mr McWilliam for organising.

Well done everyone!

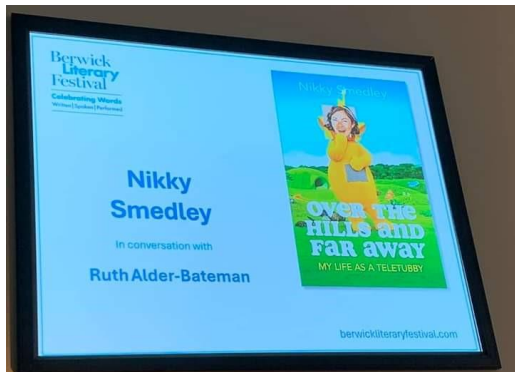
Maths is alive and kicking in Eyemouth High.



**Scottish
Mathematical
Council**

Eh-Oh!

Alongside the school library event, Miss A-B was invited to interview an author as part of the Berwick Literary Festival, and kicked the festival off by interviewing Nikky Smedley about her book 'Over the Hills and Far Away: My Life as a Teletubby'. The event was very fun and the book is well worth a read if you want to learn the secrets of behind the scenes at Teletubbyland!



MacMillan Coffee Morning

The Chill'n'Chat Crew held a very successful coffee morning last Friday in The Assembly Hall, raising a fantastic £562.50 (including Gift Aid) for MacMillan. There was a super array of cakes, tray bakes and biscuits, all baked by the pupils, and plenty of teas and coffees. Huge thanks to all our lovely school staff once again for your generous support!



Author Visit: Jenny Valentine

We had the privilege of welcoming author Jenny Valentine into school on Wednesday afternoon. As a part of the Berwick Literary Festival, Jenny came to speak to our S2 pupils about her books and her writing career. She gave our young people some good advice about being a writer and shared her journey of how she writes her books. She even kindly donated a signed copy of her latest book to the school library.

We want to thank Jenny for coming in to speak with us and the Berwick Literary Festival for organising the event.

**Berwick
Literary
Festival**



Maths in the news: solution

£361 800 000.00

Youngminds bake sale

As part of Mental Health Awareness, we held a bake sale and raised £254.48 for Youngminds charity! Thank you to everyone who donated baked goods and to everyone who bought a cake!



YOUNGMINDS
fighting for young people's mental health

PE News

Hockey:

Our hockey teams will be back into action after the October break on **Saturday the 26th** of October where we will host Earlston High School at home. Enjoy your week off!



Rugby:

Last weekend Berwickshire Schools hosted Galashiels Academy at Berwickshire High School, Duns. The S1 & S2 age groups had very strong numbers to call upon with squads of 19 & 20 respectively, unfortunately Galashiels Academy couldn't raise an U15 team for the journey across so that game was called off. Both teams played some exceptional rugby against two experienced Gala sides, scoring some great tries and being competitive throughout the whole game, however both teams came out on the losing side of the result.

The School teams don't have any fixtures the weekend of the 12th of October, but will host Dunbar at S1,2 and U15 level on Saturday the 19th of October at Berwickshire HS.

A special mention for two EYHS U15 players, Lewis Young and Beau Hammond who have been put forward to attend a SCOTS Rugby camp during the October Holidays - best of luck to those boys.

Great Scottish 10km Run:

A big well done to Henry Hoffman who at the weekend competed in the Great Scottish 10km Run at the weekend. Henry completed the 10km race in an excellent time of 35 minutes 30 seconds where he placed 7th in the male U20 category and 29th overall – what a great achievement, Henry – well done!



S6 pupils trained as Mentors

On Wednesday, the Mentors in Violence Prevention (MVP) scheme was launched at Eyemouth HS. Our mentors were trained in delivering sessions to younger pupils on online misogyny and other problems that might be faced by young people. The aim of the MVP programme is that senior pupils deliver these messages to a younger year group - this will be starting after the holiday with S2 pupils.

This programme has run successfully in many schools across Scotland and we are so proud of our seniors for stepping up to this challenge!

Miss Frost, Mrs Lowe, and Mrs McSwan



Congratulations Richards!

Richards' sci-ku has been chosen by the Edinburgh Science Festival to be displayed in the National Museum during the Science Festival. Well done Richards!

Smart engines for cars
Reverse harm that's come before
Our world breathes again

James Robertson visits Eyemouth High School

James Robertson, author and editor, came to speak to our S3 pupils about Scots language. We had a brief history lesson on the evolution of Scots and how it originated in the borders. We then learnt some new words and have been challenged to try and write in Scots. We want to thank James for coming to visit us.

We also want to thank Berwick Literary Festival for organising and funding this visit.

