NEWS

September 25th, 2026

Message from SLT

I've been reminded this week about the power of genuine, trusting friendships. The kind of friendships where you feel comfortable sharing your deepest thoughts and fears, knowing that someone will listen, offer support, and, as the saying goes, "walk with you in the rain."

For all of our young people, I hope they are increasingly able to form these kinds of positive relationships: drawing close to others, enjoying time together, and standing up for one another. We also know that learning is a social activity. In our classrooms, we discuss, challenge ideas, learn from different perspectives, and support one another. Positive relationships play a vital role in this process.

As we move through life, friendships naturally change and evolve as we grow and our circumstances shift. This is particularly true for young people, especially when they first arrive at school and begin building new friendships with peers from different primary schools. Each year, we also welcome young people who have joined us from other schools and communities, bringing their own perspectives, experiences, and strengths that enrich our school.

As parents and carers, we can play an important role by talking about what healthy, supportive friendships look like and by encouraging our young people to value spending time together in person, away from screens. We might also reflect on the impact of large group chats, which can sometimes detract from more meaningful connections. When friendships face challenges, we can offer reassurance, guidance, and encouragement, helping positive relationships to grow and flourish.

Many of our closest and most enduring friendships are formed during our school years. These relationships can provide support, perspective, and a sense of belonging, particularly during times of change.

I hope that all of us are fortunate enough to benefit from friendships like these.

Kind regards,

Mr Chapman

Rotary Cooking Competition

There were some fantastic dishes on display at our annual Rotary Cooking Competition, making the judging a very difficult task! Sarah Galloway had the unenviable job of selecting a winner, with such a high standard across all of the entries.



Everyone who took part should be extremely proud of their efforts and the quality of their dishes.

Congratulations to our winners:

🥇 **1st place – Archie Atkinson**
🥈 **2nd place – Caitlin Hogarth**
🥉 **3rd place – Neve Keillor**

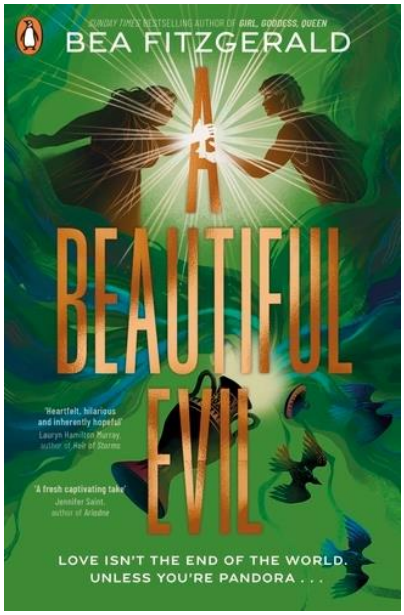
Well done to everyone who participated, and thank you for making this year's competition such a success!

Looking for your next read?

Pandora is the first human woman – made by the gods on Olympus for one simple purpose: to love and be loved by her new husband, the titan Epimatheos.The only problem? He wants nothing to do with her.

Hurt and confused, Pandora struggles to find meaning in her new life. As Pandora and Matheos work to uncover why she was created, that fated connection between them feels increasingly difficult to ignore. And with that comes terrible risk.

So . . . what do you do when faced with an all-powerful love...that just happens to threaten the end of the world?



Hockey

Everyone is welcome, no matter your experience!

Juniors – Tuesday's 3:50pm – 5:00pm - Miss Young.
Seniors *(S3 you are welcome to attend this too)* – Wednesday 3:50pm – 5:00pm - Miss Murray.

Please come well prepared for all sessions and games, with gumshields and shinpads. Check the weather and dress appropriately.

This week we announced our Junior hockey captains;

Congratulations to
S2 Captain – Evie-May Harris
S2 Vice captains - Finn Dundas and Nadine Thorburn
S3 Captain – Isla Nieuwenhuys
S3 Vice Captain - Phoebe Nottingham

It was great to hear some of the reasons your teammates voted for you and we look forward to seeing you carry out your roles.
Next Fixtures; Friday 25th Jedburgh (A)
lease remember to bring;

- Shinpads & gumshields
- Plenty water and snacks
- Appropriate clothing (Think about the weather)
- Any medications required

Rugby

Congratulations to Lily Pringle who was selected for the South U16 Girls Squad to play in the Inter-District Festivals. The first round was this weekend at Merchiston.





EYEMOUTH HIGH BEYOND SCHOOL SPORTS STARS

We are excited to introduce our Beyond Schools sports Stars, celebrating the incredible young people who are making their mark in sport beyond the school environment.

Has your child or young person achieved something amazing in sport outside of school?
Whether they have represented their club, competed at county or national level. achieved a personal best, won a competition or simply shown fantastic dedication to their sport - We want to hear about it!

- Tell us about their success by submitting the details through our new form via the link below or QR Code on the poster.

Because amazing achievements don't stop at the school gates...



Netball Afterschool Club

We are looking for new players to come and join our Netball Team! Come along on Monday's afterschool. There is the possibility of games against other schools for those interested.



Duns U16s vs Musselburgh U16s

Duns travelled to Pinkie Playing Fields on Sunday to face Musselburgh U16s in the first round of the National Plate. Travelling with just 15 players, Duns knew it was going to be a tough outing.
The windy conditions made for a very compact game and made it difficult for either side to clear their lines effectively. In the early stages, Musselburgh showed their attacking power, scoring four excellent tries. They controlled the game well and used their forward power to secure possession and build pressure.

Duns responded strongly in the second half, with full-back Stuart Keirs scoring a brace. Both tries came after Stuart broke down the right-hand side and showed great pace and determination to get over the line. captain Aiden Holland.

Unfortunately, both conversion attempts were unsuccessful.

Duns showed plenty of fight and character to get their two tries, particularly after being reduced to 14 players following an injury to captain Aiden Holland.

There is plenty for the team to learn from this game, but the boys can take credit for their effort and determination, especially given the circumstances. They will have the opportunity to put those lessons into practice when the teams meet again just before Christmas.
U13 -31-81
U15 - 31-19

It would be great to see some new and old players attending rugby training with Ethan!

Mondays: @Eyemouth is 6-7.30 for all age groups
Wednesdays: @ Duns for U16 6-7.30

Upcoming assessments

Subject	Level	Teacher	Assessment	Date
Maths	AH	Mrs Atkinson	Unit 1	29.09.26
Physics	S3B	Ms Le-Mar	Waves assessment	29.09.26
Physics	S3F	Dr Lymer	Waves assessment	30.09.26
Physics	National 5	Ms Le-Mar	Dynamics assessment	05.10.26
PE	Higher	PE staff	Badminton performance	05.10.26
PE	National 5	PE staff	Badminton performance	06.10.26
PE	Higher	PE staff	Mental and Emotional Factors	07.10.26
English	National 5	Mrs Feeney	Textual Analysis	23.10.26
English	Higher	Mrs Feeney	Textual Analysis	22.10.26

Wider Achievement Trips

N5 Geography 6th October
NPA Art & Design 9th October
AH Biology 21st October
S3 STEM Trip: Back on! 27th October
Economics 28th October

Sports Committee

🏆Join our School Sports Committee!🏆

Do you love sport, have great ideas and want to help make a difference? We are looking for enthusiastic pupils to join our sports committee!

Come along and: Have your say; Help shape our sporting opportunities; Share ideas and feedback; Get involved in School Sport and events; Help inspire others to get active.

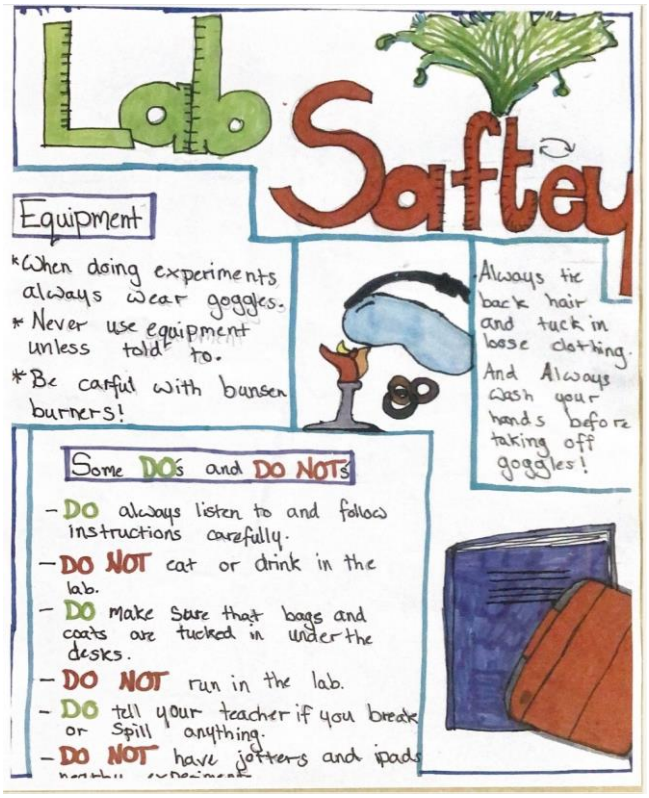
Whether you're a budding athlete, a passionate supporter or simply have ideas to make sport even better - we want YOU!👊
Come and be part of the team! Your Voice. Your ideas. Your sport.

Your Voice. Your ideas. Your sport. 💚🏆



News from Science

Over the past few weeks S1 Science have been learning about lab safety. The Young STEM leaders ran a poster competition for which we had many fantastic entries. The Young STEM Leaders had a tough time choosing an overall winner, but the winning poster was made by Ayla. The poster has been copied and displayed throughout the Science department. Well done Ayla and all other pupils who submitted an entry.



S3 STEM Careers Trip – Tues 27th Oct

S3 Physics, Chemistry and Biology students - you have the opportunity to participate in STEM (science, technology, engineering and maths) workshops at the **Edinburgh Science Festival Careers Hive 2026** at the **National Museum in Edinburgh** on **Tuesday 27th October 2026**.



Careers Hive is an immersive careers event designed to give students a new way to think about their futures. It highlights opportunities available to those who study STEM subjects through hands-on activities and discussions with young professionals who work in STEM. The event and bus travel have now been fully funded by the Edinburgh Science Festival and the NNG windfarm, so the **there will be no cost to students**. Travel will be by coach, leaving Eyemouth High School at 9:15am, returning at around 3:30pm.

Trip forms will be handed out in Science lessons early next week. Places are limited so to secure a place, please return your forms as soon as possible to **Ms Le-Mar in SCI06** or to your science teacher.

Horticulture in Action at the Hugo Burge Foundation

On Thursday, Horticulture students joined Toby Loveday, Head Gardener of the Walled Garden at the Hugo Burge Foundation on the Marchmont Estate, near Duns.



We enjoyed a tour of the gardens, taking in both horticultural and sculptural delights, before engaging in a series of hands-on activities. Students divided a variety of plants for planting in both beds and pots, helped to ensure that the plant library was up to date, and used the garden's rotating soil sieve to screen compost.



These engaging tasks all relate directly to our qualifications, and it was a great experience to work under the guidance of Toby and his team.

Huge thanks to Toby, Claire, Maisy and Martin for sharing their time and expertise with us, and for generously gifting each student their own pumpkin. We are also very grateful to the Hugo Burge Foundation for funding our bus, allowing such a worthwhile visit to go ahead.







HUGO BURGE FOUNDATION





UCAS and LEAPS Information Session

We are delighted to welcome representatives from University of Strathclyde and LEAPS to the school later this month.

S6 students will receive a presentation as part of PSE and we would like to extend an invite to parents and carers to an information session in the evening. **This session is open to any parent/carer of students (S5 or S6) considering a University application this year**. Students are also encouraged to attend this evening session as the presentation content will be different from earlier in the day.

The University of Strathclyde presentation will cover a range of things including the overall UCAS application process, choosing the right course as well as some student finance. Please note, this presentation is about University in general i.e. not just courses at Strathclyde.

LEAPS is a widening participation programme which aims to encourage and advise young people who are underrepresented in higher education. We are currently a LEAPS Group 1 school and LEAPS support includes workshops/presentations about different aspects of higher education as well as individualised information, advice, and guidance for students considering higher education study

When - Monday 28th September 1800-1930
Where - Assembly Hall

UCAS

LEAPS
Promoting access to higher education since 1996

⚽ Support Students to Access Extra-Curricular Sport!

🏠 Do you have any pre-loved sports equipment at home that you no longer use?

Our PE Department is looking for donations of **good-quality, usable sporting equipment** to help give our pupils even more opportunities to get active and enjoy our extra-curricular sport as much as possible. 🚴‍♂️🚴‍♀️
We would be delighted to receive items such as:

- 🏑 Hockey sticks
- ☐ Rugby boots
- ☐ Shin pads
- 👕 Sports clothing and other useful PE kit
- ⚽ Balls and other sporting equipment
- 🏅 Anything else you think could be useful!
-

If you have equipment that is sitting unused at home, please consider **giving it a new lease of life** in our PE Department. ♻️
All donations should be **clean, safe and in good, usable condition.** ✅

📍 Donations can be dropped off at:
Eyemouth High School Office or PE Department

🙏 Thank you for helping us get more pupils active and making sport accessible to everyone! 🌟⚽